



## Word from Mark Barnett (Foodbank Project Manager)

I cannot believe we are nearly half way through 2019 as I write to you! During the later half of 2018 and on into 2019 we have seen an unprecedented number of hungry children and adults come to the Foodbank. Many are desperate for help. We have a whole range of people that come to the Foodbank, not just people on Benefits. Some Clients may be struggling to pay their mortgage or loans and then not have enough money to buy food. Some may be in employment but on a very low wage. [Universal Credit continues to let many of the most vulnerable in society down.](#) Roll-out in many areas has caused additional hardship which we will need to help with by providing extra emergency food parcels. Thank you for your continued support.



## Our Aim

To provide short-term food parcels for people in short term food poverty. To end hunger in our community.

## Foodbank by numbers

*Figures based on April 18 to March 19*

- 1873 vouchers redeemed (families and individuals)
- 4254 people fed (large increase year on year)
- 1609 children fed
- 16857 meals provided

## Nationally 75% increase over the previous year

*Our highest demand for food parcels in December and January ever. This was experienced across most food-banks in the UK.*

## Food stock update

As our needs increased so did the generosity of the local community including individual and business donations and supermarket collection points. We are so thankful for our supporters and their ongoing commitment to this despite food crisis which continues to grow, despite the government lobby work done by Trussell Trust and other organisations.

All those individual tins, jars and packets so generously donated allowed us to distribute the amazing weight of **35 tonnes** during the year to our Clients and other sources.



A few times each year some of our volunteers raise the profile of the foodbank at Tesco by giving out food lists. You may have seen us. During May 2019 the public donated 423kg of food. Thank you to all those involved.

We also now have food collection boxes at all the supermarkets in Selby, including ALDI as well as some local schools and employers. Call Mark on 07413374750 to learn more about how you could get involved in food collection where you work.

In addition Selby & District Foodbank has been supported through the year by generous donations from the York, Wetherby & Harrogate Foodbanks who are part of the Trussell Trust Foodbank network. They do a fantastic job and we are very blessed to have them on our doorstep.

## Local Extras

Thanks go to Luv Fresh and Aldi for supplies of fresh fruit and vegetables. Massive thanks for all the Easter eggs donated which put a big smile on many a child's face during this difficult time of year for many families. The Selby Times and Radio York have helped to promote what the Foodbank does and why we have to do it.

We have received another grant of £3500 grant in 2018 from Selby Town Council this year. This greatly helps with the Foodbank's running costs and additional food supplies for our Clients.

We also received a grant of £4312.50 from ASDA who are nationally in partnership with the Trussell Trust, the organisation that oversees our Foodbank. This has been used to alleviate "holiday hunger" for school children and their families.

## Special moments

We've had lots of special moments since our last Newsletter. Mystery donations of food and money; The Travellers' Challenge donating over 2 tonnes of food; gifts of toys to pass on to youngsters; hugs for volunteers from grateful Clients; [total relief from some of our Clients, especially during and after the Christmas period knowing that we would continue to support them during their time of crisis.](#)

## Our core agency partners

CAB, IDAS, Access Selby, Horton Housing, Horizons, Job Centre Plus, Foundation Housing, Children's Centres, our Churches, some Schools, The Probation Service, Victim Support, GP Practices and various "Social Services" Offices.  
*Please note, Agencies are where a client goes to be assessed for food needs and receive a foodbank voucher*

## Thanks

Those that volunteer at the Selby & District Foodbank get to see the huge impact a simple parcel of emergency food can have on the life of families, young people and the homeless. Thank you to all those that Volunteer at the Foodbank. For the first time, we have a waiting list of volunteers. We feel very privileged to be able to help in this small way and want to pass on our sincere thanks to the churches, support organisations, ongoing donation partners, agencies and other numerous people in our community who have donated something in some way to support our clients in food poverty. Thank you for your time, giving and support. We cannot help those in need without you.

## Get in Contact

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## We need

Although we are grateful for any long-life products, we always seem to need coffee, tinned custard, instant mash, cold meats e.g. corned beef, toilet rolls and toiletries.



Thanks again to all our volunteers, supporters, sponsors and those that donate food, we could not do this vital work without you.



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then click Donate and follow the links.