

# REVERSE ADVENT CALENDAR

**Christmas should be a special time of year** – but for many of the families we work with it can be extremely difficult. Our Reverse Advent Calendar is a way for us to **collect food** and **special items** for our families living in poverty around **Selby & District** to give them a treat at Christmas time! There are lots of practical things in there and a few treats too.

You can start your reverse advent calendar at any time (it's never too late) and drop food into the Selby & District Foodbank throughout December or even January. We will give out Christmas food items along with our usual food parcels.

**THANK YOU SO MUCH FOR YOUR SUPPORT!**

1  Fun size chocolate bars	2  Steamed Puddings	3  Crisps	4  Custard
5  Wrapped biscuits	6  Biscuits	7  Tea and Coffee	8  Tinned Fruit
9  Tinned Ham or Meat	10  Jams and Honey	11  Long Life Milk	12  Sugar
13  Hot Chocolate	14  Tinned Potatoes or Instant Mash	15  Long Life Juice	16  Instant or Tinned Soup
17  Shower Gel, bubble bath or shampoo	18  Christmas Pudding	19  Pasta Sauces	20  Scarves, Gloves or Hats
21  Christmas cake	22  Fruit cordial	23  Tinned pies or tinned meat or stew	24  A selection box of biscuits or chocolates

Where to drop off your donations: If you would like to drop off your donation then the Foodbank is open from **10am – 1pm** for donations on **Mondays** or **Thursdays** and is located at **30 New Lane, Selby YO8 4QB**. If you need to drop off at another time or have a large collection please email us at [info@selby.foodbank.org.uk](mailto:info@selby.foodbank.org.uk) or call us on **07413 374750**.

The Selby & District Foodbank exists to give out emergency food to people in crisis. To find out more about us or give a donation please visit our website at [www.selbydistrict.foodbank.org.uk](http://www.selbydistrict.foodbank.org.uk) Thank you.